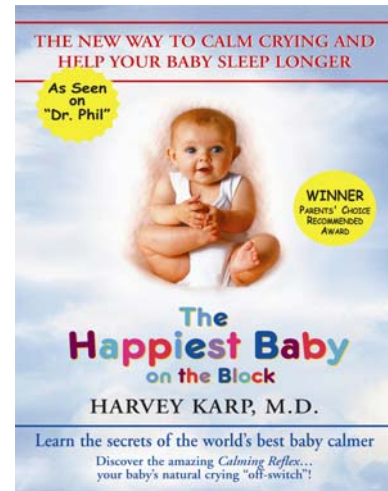


The Happiest Baby on the Block™

Are You Ready to be a Parent?



New babies are such a blessing, but they can also bring with them sleepless nights, crying and sometimes quite a bit of extra stress.

Learn an extraordinary approach to keeping your baby happy. In our [Happiest Baby Class](#) new parents will learn step-by-step how to help their baby sleep better and how to soothe even the fussiest baby in minutes...even seconds!

Magic? A Miracle? No, it's a Reflex! Our class is based on the highly effective, new approach to babies pioneered by Dr. Harvey Karp in his best-selling book and DVD. ["The Happiest Baby on the Block."](#)

Parents will also learn:

- I. Why the idea that colic is due to gas pains is mostly an old wives tale.
- II. Why keeping the house quiet may actually be upsetting to many newborns.
- III. Why most babies get more upset in the evening.
- IV. Why it's impossible to spoil young babies.
- V. Any easy way to help infants sleep a few hours more at night.
- VI. Why fathers are often the best baby calmers in the family.

Please join us!

The cost of this unique, innovative class is only \$85.00 which includes a "Parent Kit" (containing your choice of The Happiest Baby on the Block Book or DVD and CD Soothing Sounds - a \$50.00 value) & two hours of instruction on techniques and information.

To register for the next class, please contact:

Debra Geymayr, CHBE

Prenatal Plus - Yoga

401 Miracle Mile, 4th Floor, Coral Gables, FL

http://prenatalplusyoga.com/couples_workshop.htm - online registration

305-279-1322 or 305-498-6722