

POSTPARTUM DOULA TRAINING with Debra

Do you love working with babies? Would you like to love, support and educate new families? Then, work towards a career as a postpartum doula!

October 8 & 9, 2010,

February 11 & 12, or May 13 & 14, 2011

Friday 9-7pm - Sat. 1-8pm

A postpartum doula assists the new mother, baby, and the rest of her family within the first few weeks after the birth of the baby.

I am a CAPPAs Postpartum Doula Trainer for the state of Florida.

Several trainings per year throughout Miami-Dade & Monroe County.

The 2-day course is the first step to becoming a

CAPPAs Certified Postpartum Doula.

This course covers the following:

- The Scope of Practice for Postpartum Doulas
 - How to work with various kinds of families
- Working with and supporting breastfeeding families
 - Caring for new mothers mindfully and with Love
 - How to support and educate other family members
- Empowering Mother & Father in various baby care techniques
 - Baby calming and soothing techniques
 - The different types of postpartum mood disorders
 - Postpartum baby blues vs. postpartum depression
 - Helping your clients create supportive resource lists
- Learn how to create contracts and other professional documents needed in marketing your business
 - Creating realistic schedules
- Completing The CAPPAs Postpartum Doula Certification Process

Training fees are \$335.00, includes the training manual.

NOTE: Certification packets, CAPPAs Membership Fees, are NOT included.

All major credit cards accepted. Contact Debra for any additional information.

305-498-6722 or 279-1322

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